

BA (HONS) IN COUNSELLING & PSYCHOTHERAPY
YEARS 3 & 4
PROVISIONAL - Academic Year 2021-2022

*DBS anticipates that for the coming academic year, 2021/2022, all part-time learning may be delivered on a hybrid basis. This means you may have some face-to-face classroom delivery and some delivery online. All teaching, whether face to face or online, is considered equal.

Year 3 (€4,950)			Year 4 (€4,950)		
Day	Time (PM)	Year 3 Modules	Day	Time (PM)	Year 4 Modules
Tuesday	6.15 - 7.45	Freud's Case History (SEM1) (A7PP005)	Tuesday	6.15 - 7.45	Group Psychotherapy (SEM1) (A8PP025)
		Research Methodology (SEM 2) (A7PP004)			Ethics (SEM 2) (A8PP023)
	8.00 - 9.30	Approaches to Addiction (SEM 1) (A7PP007)		8.00 - 9.30	Cognitive Behavioural Therapy (SEM 1) (A8PP022)
		Psychopathology (SEM 2) (A7PP009)			Research Project (SEM 2) (A8PP026)
Friday	6.30 - 9.30	Psychotherapy Skills I - Psychodynamic I (SEM 1&2) * A (A7PP100)	Friday	6.30 - 9.30	Psychotherapy Skills II - Integrative I (SEM 1&2) * B (A8PP100)
Saturday	9.00-11.00	Existentialism and Psychotherapy (SEM 1&2) (A6PP003)	Saturday	9.30-12.00	The Body in Psychotherapy (SEM 1&2) (A6PP164)
	12.00-2.30	Clinical Group Supervision I I (SEM 1&2) ** A & B (A7PP102)		1.00-3.30	Clinical Group Supervision II ** (A8PP162)
Supervised Practice I (SEM 1 & 2) (A7PP008) ***			Supervised Practice II (SEM 1) (A8PP112) ***		

* These experiential modules are taught to small groups and 3rd Years will be assigned a group prior to your 1st weekend. Depending on which group you are assigned to, you will take one of these modules on a Friday evening and the other on a Saturday afternoon. 4th Years will continue with their assigned groups. For your other weekend modules (academic modules), you will be with all students at your level. Full details will be confirmed to you prior to your first weekend.

** Learners must attend individual supervision fortnightly and 9 group supervision sessions per academic year. It is required that learners are in their own personal psychotherapy contemporaneously with the taking of this module.

*** This purely practical module comprises the supervised clinical practice of learners. The learner is deemed to merit a pass on completion of the 120 hours client work. Essentially for the duration of this module learners continue in their own personal therapy on a weekly basis.

Class Representative Meetings TBC

OVERVIEW OF WEEKEND DATES FOR DEPARTMENT OF PSYCHOTHERAPY – ACADEMIC YEAR 2021/22 -

Week Comm.	Semester 1	BA 3	BA 4	Notes
20/09/21	Week 1		Weekend 1 (24/25 Sept)	
27/09/21	Week 2	Weekend 1 (01/02 Oct)		
04/10/21	Week 3		Weekend 2 (08/09 Oct)	
11/10/21	Week 4	Weekend 2 (15/16 Oct)		
18/10/21	Week 5		Weekend 3 (22/23 Oct)	BACAP 4 Thesis workshop 4-6 23 rd
25/10/21		Reading Week	Reading Week	Bank holiday 25/10/21
01/11/21	Week 6	Weekend 3 (05/06 Nov)		
07/11/21	Week 7			
15/11/21	Week 8	Weekend 4 (19/20 Nov)		Class Rep Meeting & MA Plenary
22/11/21	Week 9		Weekend 4 (26/27 Nov)	

29/11/21	Week 10			
06/12/21	Week 11	Weekend 5 (10/11 Dec)		
13/12/21	Week 12	Mid Year Feedback	Mid Year Feedback	Feedback dates TBC
20/12/21		Christmas Break	Christmas Break	
27/12/21		Christmas Break	Christmas Break	
03/01/22		Reading Week	Reading Week	
	Semester 2			
10/01/22			Weekend 5 (14/15 Jan)	Feedback dates TBC
17/01/22	Week 13	Weekend 6 (21/22 Jan)		
24/01/22	Week 14			
31/01/22	Week 15		Weekend 6 (04/05 Feb)	
07/02/22	Week 16	Weekend 7 (11/12 Feb)		
14/02/22	Week 17		Weekend 7 (18/19 Feb)	
21/02/22	Reading Week	Reading Week	Reading Week	
28/02/22	Week 18	Weekend 8 (04/05 Mar)		MA Plenary- Class Rep Meeting

07/03/22	Week 19			
14/03/22	Week 20			Mar 17th St Patrick's day no classes
21/03/22	Week 21		Weekend 8 (25/26 Mar)	
28/03/22	Week 22	Weekend 9 (01/02 Apr)		
04/04/22	Week 23		Weekend 9 (08/09 Apr)	Feedback dates TBC
11/04/22	Week 24			Good Friday 15 Apr Easter Mon 18 Apr
18/04/22	Reading Week	End of Year Feedback	End of Year Feedback	
25/04/22	EXAMS	EXAMS	EXAMS	TBC BACAP 4 Thesis submission
02/05/22	EXAMS	EXAMS	EXAMS	