

**BA (HONS) IN COUNSELLING & PSYCHOTHERAPY**  
**YEARS 3 & 4**  
**PROVISIONAL - Academic Year 2022-2023**

\*DBS anticipates that for the coming academic year, 2022/2023, all part-time learning may be delivered on a hybrid basis. This means you may have some face-to-face classroom delivery and some delivery online. All teaching, whether face to face or online, is considered equal.

Year 3 (€4,950)			Year 4 (€4,950)		
Day	Time (PM)	Year 3 Modules	Day	Time (PM)	Year 4 Modules
Tuesday	6.15 - 7.45	Freud's Case History (SEM1) (A7PP005)	Tuesday	6.15 - 7.45	Group Psychotherapy (SEM1) (A8PP025)
		Research Methodology (SEM 2) (A7PP004)			Ethics (SEM 2) (A8PP023)
	8.00 - 9.30	Approaches to Addiction (SEM 1) (A7PP007)		8.00 - 9.30	Cognitive Behavioural Therapy (SEM 1) (A8PP022)
		Psychopathology (SEM 2) (A7PP009)			Research Project (SEM 2) (A8PP026)
Friday	6.30 - 9.30	Psychotherapy Skills I - Psychodynamic I (SEM 1&2) * A (A7PP100)	Friday	6.30 - 9.30	Psychotherapy Skills II - Integrative I (SEM 1&2) * B (A8PP100)
Saturday	9.00-11.00	Existentialism and Psychotherapy (SEM 1&2) (A6PP003)	Saturday	9.30-12.00	The Body in Psychotherapy (SEM 1&2) (A6PP164)
	12.00-2.30	Clinical Group Supervision I I (SEM 1&2) ** A & B (A7PP102)		1.00-3.30	Clinical Group Supervision II ** (A8PP162)
Supervised Practice I (SEM 1 & 2) (A7PP008) ***			Supervised Practice II (SEM 1) (A8PP112) ***		

\* These experiential modules are taught to small groups and 3<sup>rd</sup> Years will be assigned a group prior to your 1<sup>st</sup> weekend. Depending on which group you are assigned to, you will take one of these modules on a Friday evening and the other on a Saturday afternoon. 4<sup>th</sup> Years will continue with their assigned groups. For your other weekend modules (academic modules), you will be with all students at your level. Full details will be confirmed to you prior to your first weekend.

\*\* Learners must attend individual supervision fortnightly and 9 group supervision sessions per academic year. It is required that learners are in their own personal psychotherapy contemporaneously with the taking of this module.

\*\*\* This purely practical module comprises the supervised clinical practice of learners. The learner is deemed to merit a pass on completion of the 120 hours client work. Essentially for the duration of this module learners continue in their own personal therapy on a weekly basis.