

BA (HONS) IN COUNSELLING & PSYCHOTHERAPY
YEARS 3 & 4
PROVISIONAL - Academic Year 2023-2024

Year 3 (€4,950)			Year 4 (€4,950)		
Day	Time (PM)	Year 3 Modules	Day	Time (PM)	Year 4 Modules
Tuesday	6.15 - 7.45	Freud's Case History (SEM1) (A7PP005)	Tuesday	6.15 - 7.45	Group Psychotherapy (SEM1) (A8PP025)
		Research Methodology (SEM 2) (A7PP004)			Ethics (SEM 2) (A8PP023)
	8.00 - 9.30	Approaches to Addiction (SEM 1) (A7PP007)		8.00 - 9.30	Cognitive Behavioural Therapy (SEM 1) (A8PP022)
		Psychopathology (SEM 2) (A7PP009)			Research Project (SEM 2) (A8PP026)
Friday	6.30 - 9.30	Psychotherapy Skills I - Psychodynamic I (SEM 1&2) * A (A7PP100)	Friday	6.30 - 9.30	Psychotherapy Skills II - Integrative I (SEM 1&2) * B (A8PP100)
Saturday	9.00-11.00	Existentialism and Psychotherapy (SEM 1&2) (A6PP003)	Saturday	9.30-12.00	The Body in Psychotherapy (SEM 1&2) (A6PP164)
	12.00-2.30	Clinical Group Supervision I I (SEM 1&2) ** A & B (A7PP102)		1.00-3.30	Clinical Group Supervision II ** (A8PP162)
Supervised Practice I (SEM 1 & 2) (A7PP008) ***			Supervised Practice II (SEM 1) (A8PP112) ***		

* These experiential modules are taught to small groups and 3rd Years will be assigned a group prior to your 1st weekend. Depending on which group you are assigned to, you will take one of these modules on a Friday evening and the other on a Saturday afternoon. 4th Years will continue with their assigned groups. For your other weekend modules (academic modules), you will be with all students at your level. Full details will be confirmed to you prior to your first weekend.

** Learners must attend individual supervision fortnightly and 9 group supervision sessions per academic year. It is required that learners are in their own personal psychotherapy contemporaneously with the taking of this module.

*** This purely practical module comprises the supervised clinical practice of learners. The learner is deemed to merit a pass on completion of the 120 hours client work. Essentially for the duration of this module learners continue in their own personal therapy on a weekly basis.

Class Representative Meetings TBC