

**BA (HONS) IN COUNSELLING & PSYCHOTHERAPY  
PROVISIONAL - Academic Year 2022-2023**

\*DBS anticipates that for the coming academic year, 2022/2023, all part-time learning may be delivered on a hybrid basis. This means you may have some face-to-face classroom delivery and some delivery online. All teaching, whether face to face or online, is considered equal.

**PROGRAMME OUTLINE**

There are 2 Semesters with 12 Teaching Weeks in each and 10 Weekend Sessions (including 1 Process Group Work Session) over the Academic Year on this programme.

A full outline of weekend dates will be finalised by the start of term. An updated timetable/calendar will be issued to you at this time.

**Year 1 (€4,950)**

Day	Time (PM)	Year 1 Modules
Monday	6.15 - 7.45	Introduction to Psychology (SEM1) <b>(A6PS002)</b>
		Developmental Psychology (SEM 2) <b>(A6PP005)</b>
	8.00 - 9.30	Process Group (SEM 1&2) <b>(A6PP006)</b>
Friday	6.30 - 9.30	Stress Response I I (SEM 1&2) <b>* B (A6PP002)</b>
		Counselling Skills I - IntroductionI (SEM 1&2) <b>* A (A6PP101)</b>
Saturday	9.30-11.30	Approaches to Counselling and Psychotherapy (SEM 1&2) <b>(A6PP004)</b>
	12-2.30	Contemporary Issues I (SEM 1&2) <b>(A6PP003)</b>
	3.00 - 6.00	Stress Response I I (SEM 1&2) <b>* A (A6PP002)</b>
		Counselling Skills - IntroductionI I (SEM 1&2) <b>* B (A6PP101)</b>

\* These experiential modules are taught to small groups and you will be assigned a group prior to your 1<sup>st</sup> weekend. Depending on which group you are assigned to, you will take one of these modules on a Friday evening and the other on a Saturday afternoon. For your other weekend modules (academic modules), you will be with all students at your level.

**Important Notes:**

- Process Groups starts the week commencing 20/09/2022
- Process Weekend on Friday the 1st and 2nd of October
- Class Representative Meetings on week 8 and week 18
- Exact dates/times for Feedback (mid and end of year) will be agreed with your Trainer.