

**BA (HONS) IN COUNSELLING & PSYCHOTHERAPY
PROVISIONAL - Academic Year 2023-2024**

PROGRAMME OUTLINE

There are 2 Semesters with 12 Teaching Weeks in each and 10 Weekend Sessions (including 1 Process Group Work Session) over the Academic Year on this programme.

A full outline of weekend dates will be finalised by the start of term. An updated timetable/calendar will be issued to you at this time.

Year 1 (€4,950)

Day	Time (PM)	Year 1 Modules
Monday	6.15 - 7.45	Introduction to Psychology (SEM1) (A6PS002)
		Developmental Psychology (SEM 2) (A6PP005)
	8.00 - 9.30	Process Group (SEM 1&2) (A6PP006)
		Stress Response I I (SEM 1&2) * B (A6PP002)
Friday	6.30 - 9.30	Counselling Skills I - IntroductionI (SEM 1&2) * A (A6PP101)
Saturday	9.30-11.30	Approaches to Counselling and Psychotherapy (SEM 1&2) (A6PP004)
	12-2.30	Contemporary Issues I (SEM 1&2) (A6PP003)
	3.00 - 6.00	Stress Response I I (SEM 1&2) * A (A6PP002)
		Counselling Skills - IntroductionI I (SEM 1&2) * B (A6PP101)

*** These experiential modules are taught to small groups and you will be assigned a group prior to your 1st weekend. Depending on which group you are assigned to, you will take one of these modules on a Friday evening and the other on a Saturday afternoon. For your other weekend modules (academic modules), you will be with all students at your level.**

Important Notes:

- Process Groups starts the week commencing TBC
- Process Weekend TBC
- Class Representative Meetings TBC
- Exact dates/times for Feedback (mid and end of year) will be agreed with your Trainer.

